






SKC SPECIAL: Boosting Up Academic Proficiency with Skills Development and Ethics Incorporation Programmes for Capacity Building and Skill Development

Life Skills Programmes on Yoga and meditation, Health and Hygiene, and Life skills 2022 - 2023

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
1.	Awareness Programme on "Triggering Poshan Panchayats for Poshan Maah" jointly organised by Department of Tourism and Hotel Administration & Integrated Child Development Service (ICDS) Scheme	70	Mr.G.Loganathan, Tahshildar, Sivakasi	
2.	Awareness Programme on "Cyber Crime" organised by Internal Complaints Committee, Students Counselling Cell & Women's Development Cell of Sri Kaliswari College, Sivakasi	916	Mrs.P.S.Uma Maheswari, Inspector of Police, Cyber Crime Wing, Virudhunagar(District) &Mr.A.Harun Ersath, Sub - Inspector of Police, Cyber Crime Wing, Virudhunagar District.	
3.	Awareness Programme on "Mental and Physical Health "organised by Internal Complaints Committee & Students Counselling Cell	1175	Special Address: - Dr.N.Kalusivalingam, Deputy Director of Health Services, Sivakasi, General Health Issues: Mr.S.Srinivasan, Technical Assistant to	





SRI KALISWARI COLLEGE (AUTONOMOUS)

Affiliated to Madurai Kamaraj University, Madurai
Re-accredited with 'A' grade (3rd cycle) by NAAC with CGPA 3.11

A.Meenakshipuram, Anaikuttam Post, SIVAKASI - 626 130. Tamilnadu

NAAC IV CYCLE

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
			Deputy Director of Health Services, Sivakasi. Nutrients Deficiency Problems in Growing Adolescents: Mrs.P.Uthayasankari, RKSK District Co-ordinator, o/o. Deputy Director of Health Services, Virudhunagar. &Adolescent Mental Health Problems: Mr.P.Sankar, ICTC Counsellor, Government Hospital, Thiruthangal	
4.	Workshop on "Zumba Fitness" organised by Junior Jaycees Wing of Sri Kaliswari College, Sivakasi	270	Mrs.Sudha Dhayalan, Zin (Zumba Instructor),Fitness Trainer, Madurai	
5.	Awareness Programme on "Menstrual Health and Hygiene" (Virtual Mode) organised by Internal Complaints Committee & Students Counselling Cell of Sri Kaliswari College, Sivakasi in Association with Globalhunt Foundation	1140	Ms.Nithya Chaudhary & Mrs.Roshnee Bhowmick, CSR Executive Unicharm India Pvt. Ltd., Chennai	








SRI KALISWARI COLLEGE (AUTONOMOUS)

Affiliated to Madurai Kamaraj University, Madurai
Re-accredited with 'A' grade (3rd cycle) by NAAC with CGPA 3.11

A.Meenakshipuram, Anaikuttam Post, SIVAKASI - 626 130. Tamilnadu

NAAC IV CYCLE

2021 - 2022

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
1.	Training programme on Yoga and Meditation (Girls) organised by Departments of Computer Science and Mathematics	200	Mrs.Bhuvaneswari, Yoga Trainer, Madurai	
2.	International Yoga Day Celebration 2021 - "Art of Living" (BOYS) organised by National Service Scheme, Sri Kaliswari College, Sivakasi	89	Mr.C.Gautham Kumar, Yoga Instructor, Sivakasi	
3.	Seminar on "Impact of Social Media on Women"organised by Internal Complaints Committee, Students Counselling Cell,Women's Development Cell & Women's Studies Wins in Association with ICT Academy	600	Ms. Siva Raghavai, Co-Founder and Director, Startup Grind, Coimbatore.	
4.	Awareness Programme on "Importance of Nutrition Foods"organised by Red Ribbon Club & Youth Red Cross in association with Department of Tamil	200	Mr.R.Balaji, District Maternal and Child Health Officer(DMCHO), Virudhunagar, Mrs.P.Uthayasankari, RKSK, District Coordinators and Mr.P.Sankar, ICTC, Counselor, Thiruthangal	
5.	Awareness Programme on "Evils of Drugs, Tobacco, Cigarette, Alcohol and Mobile Phone" organised by Department of Commerce & Citizen Consumer Club	660	Dr.N.Kalusivalingam, Deputy Director of Health Service, Sivakasi and Dr.Yogesh, Municipal Health Officer, Virudhunagar	

Institutional Distinctiveness




SRI KALISWARI COLLEGE (AUTONOMOUS)

Affiliated to Madurai Kamaraj University, Madurai
Re-accredited with 'A' grade (3rd cycle) by NAAC with CGPA 3.11

A.Meenakshipuram, Anaikuttam Post, SIVAKASI - 626 130. Tamilnadu

NAAC IV CYCLE

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
6.	Virtual Guest Lecture on "Yoga - A Better Life Style" organised by Department of Commerce (CS)	78	Mrs.M.Viji, M.Sc. (Yoga), SKY Professor, Kovilpatti	





SRI KALISWARI COLLEGE (AUTONOMOUS)

Affiliated to Madurai Kamaraj University, Madurai
Re-accredited with 'A' grade (3rd cycle) by NAAC with CGPA 3.11

A.Meenakshipuram, Anaikuttam Post, SIVAKASI - 626 130. Tamilnadu

NAAC IV CYCLE

2020 - 2021

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
1.	Guest Lecture on "Earth - A Better Place for Living" organised by Department of Commerce	148	Dr.K.Selvaraj, Assistant Professor, Department of Botany, G.Venkataswamy Naidu College, Kovilpatti	
2.	Special Lecture on "Food for Fit" organised by Department of Biotechnology & Botany and Health Club	55	Dr.R.Narayana Prakash, Senior Faculty, Department of Biotechnology & Botany, Sri Kaliswari College, Sivakasi	





SRI KALISWARI COLLEGE (AUTONOMOUS)

Affiliated to Madurai Kamaraj University, Madurai
Re-accredited with 'A' grade (3rd cycle) by NAAC with CGPA 3.11

A.Meenakshipuram, Anaikuttam Post, SIVAKASI - 626 130. Tamilnadu

NAAC IV CYCLE

2019 - 2020

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
1.	"International Yoga Day" organised by Department of Physical Education & Yoga and Meditation Club	650	Mr.K.A.S.O.Marimuthu, Yoga Trainer, Deva Bharathi Yoga Centre, Sivakasi	
2.	Guest lecture on "Fitness Awareness" organised by Department of Physical Education & Fitness Club	80	Mr.Sivaraj, Founder & CEO, Ajva Fitness, Sri Kaliswari Mall, Sivakasi	






SRI KALISWARI COLLEGE (AUTONOMOUS)

Affiliated to Madurai Kamaraj University, Madurai
Re-accredited with 'A' grade (3rd cycle) by NAAC with CGPA 3.11

A.Meenakshipuram, Anaikuttam Post, SIVAKASI - 626 130. Tamilnadu

NAAC IV CYCLE

2018 - 2019

S.No.	Name of the Program	No. of Student Benefitted	Expert Involved	Link to the Documents
1.	Hands on training on "Ornamental Fish Culture" organised by Department of Biotechnology & Botany	130	Mr.P.A. Guru Kumaran, Swamy Aquarium, Sivakasi.	
2.	One day Workshop on "Mushroom spawn preparation" organised by Department of Biotechnology & Botany	90	Mr.R.Govindaraj, P.C.M Naturals Biotech, Madurai.	
3.	Guest Lecture on "Career Opportunities for Hospitality Professionals" organised by Department of Tourism and Hotel Administration	26	Mr.P.ThamimulAnsari, Assistant Professor, Gondar University, Ethiopia	
4.	Video conference on "Take Smart Risk for Success" organised by Department of Business Administration	112	Mr.G.Gopalakrishan Govintharaj, Head, Customer on Boarding, Fresh Work Technology Pvt Ltd, Chennai	